

Centering Youth Leadership

How to Plan and Lead a Youth2Youth Conference

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Youth Board Member

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Putting Health Care in Schools

The California School-Based Health Alliance is the statewide non-profit organization dedicated to **improving the health & academic success of children & youth by advancing health services in schools.**

Learn more:

[@schoolhealthcenters.org](https://schoolhealthcenters.org)

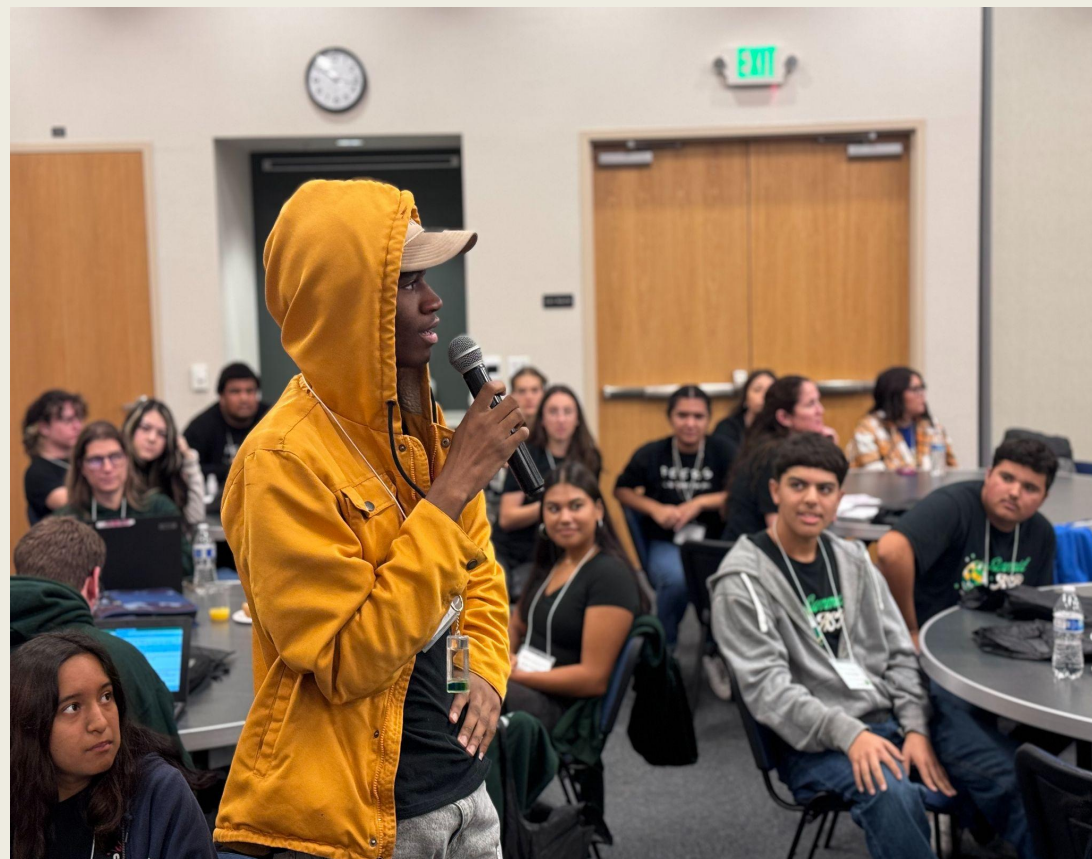


CSHA Youth Board

- Founded in 2007 to bring together diverse youth from across California to **share their lived experiences** and ideas for **advancing adolescent health** through partnerships with school health centers.



What is Youth to Youth Conference?





★ Join Us! ★

Youth 2 Youth 2024 Conference

EMPOWERING YOUTH DRIVEN WAVES OF CHANGE

★

Friday, November 15th

9:00 AM - 3:00 PM

Prizes Entertainment Resource fair Workshops Photo booth Free Food

 **Inland Empire Health Plan Atrium:**
10801 6th Street, Rancho
Cucamonga, CA 91730



Join over 200 other youth from across California to
develop skills, share stories, and network!

Hear from youth presenters on topics including:

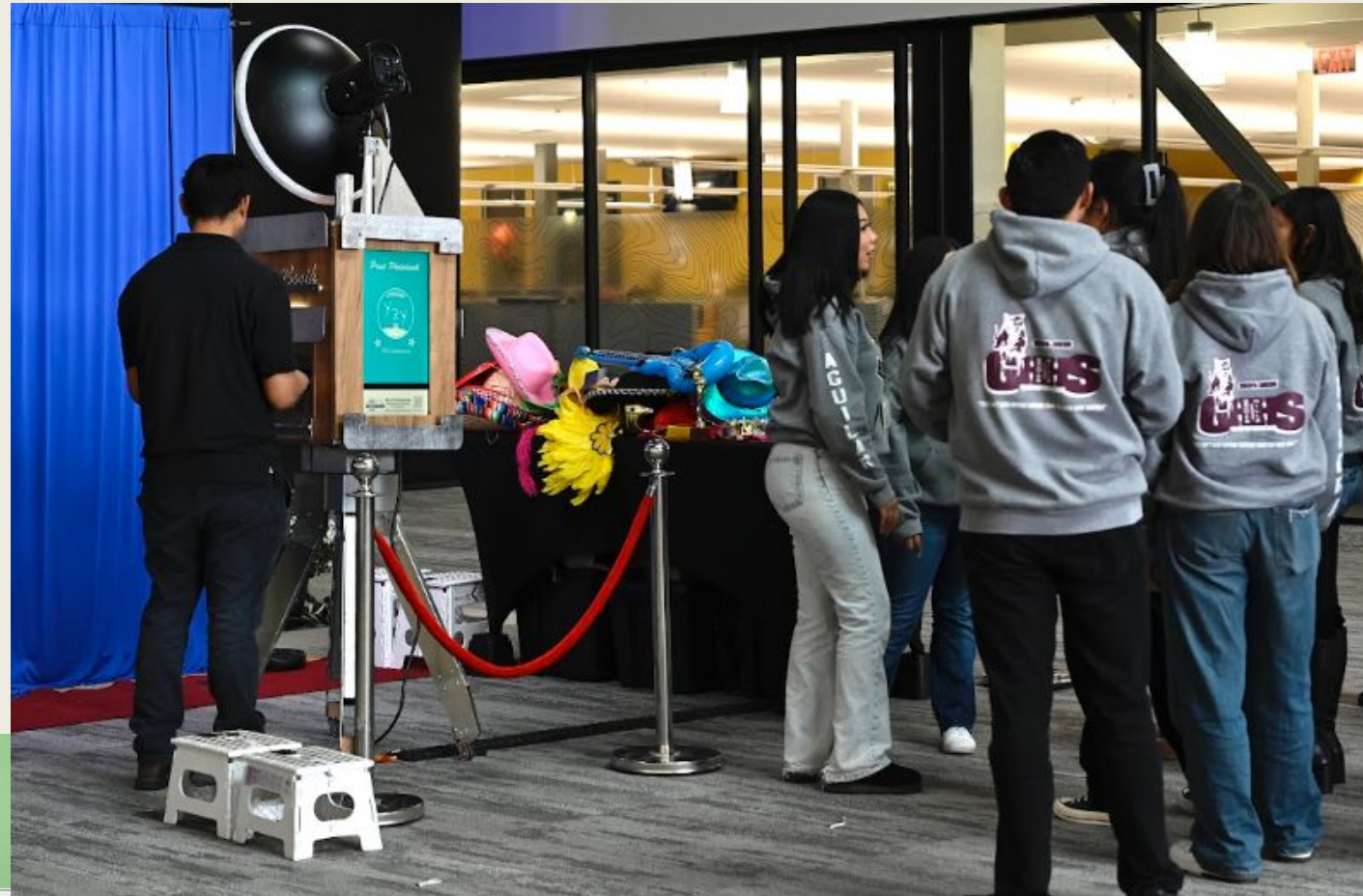
Substance use prevention	Improving community health
Peer mentoring	Developing leadership skills

 Learn more at: 
www.schoolhealthcenters.org

 **CALIFORNIA
SCHOOL-BASED
HEALTH ALLIANCE**
Putting Health Care Where Kids Are

Youth to Youth Conference

For youth by youth



Youth Board's Role - Pre Conference

Run of Show and Resource Fair

- YB emcees for conference
- Select and confirm exhibitors for resource fair

Workshop and Food

- Review and vet workshop submissions
- Rehearse with youth presenters
- Plan food (budgeting, dietary needs, logistics)

Entertainment and Program Book

- Confirm photo booth, entertainment and music
- Plan creative brain breaks
- Select swag items for conference



Youth Board's Role at Y2Y

Emcees and Navigators

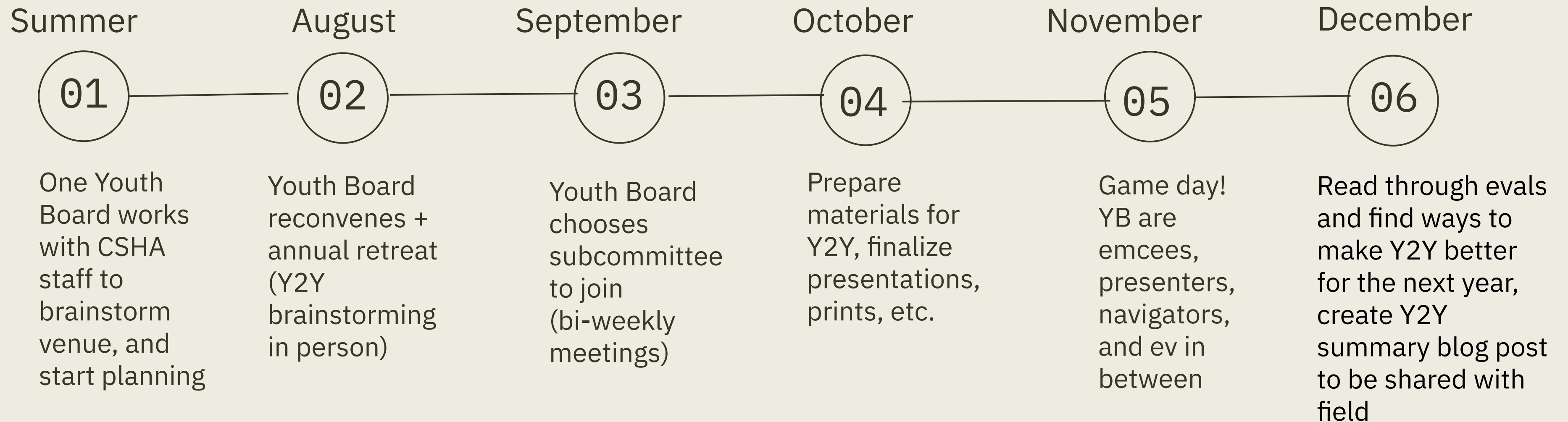
- Emcee the conference to build energy +camaraderie
- Support presenters + help attendees navigate the venue

Hosting workshops

- Lead interactive workshops: Drugs and the Brain
- Facilitate listening session: Alternatives to Discipline for Substance Use



Youth to Youth Timeline



Impact 2024

01

255 total attendees

183 youth

02

13 workshops

11 youth-led

2 adult-led

03

**98.9% satisfaction
rate**

04

14 youth groups

05

5 local exhibitors

06

**Distributed 336
Narcan kits + 257
fentanyl strips**

Testimonials

What was your favorite part of the conference?

“Meeting new people, engaging in fun activities, being in a mentally supportive environment, learning ideas I can implement on my own campus, etc.”

The brain breaks (x8!)

“My favorite of the day was networking and meeting new people from around California as well as learning valuable lessons”

What did you learn today?

“ How drugs affect our brains differently”

“What are ACES” (x8!)

“Numerous ideas to improve the mental health awareness, especially on my campus”

“Red flags in relationships and the difference between a healthy one and a toxic one.”

Resources

<https://www.schoolhealthcenters.org/resources/sbhc-operations/youth-engagement/>



CSHA Youth Board

STAY CONNECTED

 schoolhealthcenters.org

 info@schoolhealthcenters.org

 [sbh4ca](https://twitter.com/sbh4ca)

 [sbh4ca](https://www.instagram.com/sbh4ca)

Gracias

謝謝

Thank you

Cảm ơn

Salamat

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