



**SCHOOL-BASED  
HEALTH ALLIANCE**

The National Voice for School-Based Health Care

# Youth Development Digest

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

*Adult allies: Share with your youth; Youth leaders: Share with your peers*

## April Spotlight



### 'Be the Change' Scholarship Competition

The 'Be the Change' Youth Training Program is an event for passionate change-makers nationwide. This youth-focused and youth-led conference allows young people to connect face-to-face, exchange ideas, build lasting connections, and collectively drive positive change in their schools and communities. There are a limited number of scholarships available for students. Scholarships will cover the cost of hotel accommodation during the conference (check-in is on Sunday, June 30, and check-out is on Tuesday, July 2) and travel to and from this event. Learn more about the scholarship program below!

[Learn  
More](#)

## Blog of the Month

**Health Literacy for Teens**

By Joey Kaji, SBHA Youth Advisory Council member

*The following reflects Joey's lived experiences, thoughts, and opinions.*

"Currently, youth are expected to turn to their parents to teach them how to understand the healthcare system. However, the struggle persists with such a large population of adults who do not understand healthcare..."

Read  
More



# Youth Advisory Council Content Corner



## Youth Advisory Council Update

In April, Youth Advisory Council members planned for the 'Be the Change' Youth Training Program which will take place June 30-July 2, 2024. They discussed effective in-person facilitation strategies and workshop objectives and continued to prepare for their presentations on youth mental health and advocacy. Registration is now open for our 'Be the Change' Youth Training Program taking place this summer in Washington, DC, and scholarships are available!

# Events & Opportunities



## "You Matter" Mental Health Awareness Workshop

May 4, 2024

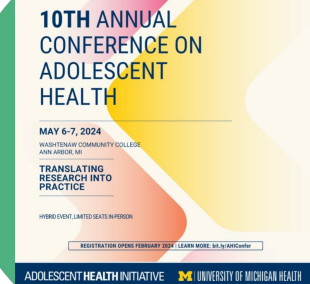
Learn  
More



## Adolescent Health Symposium

Jun. 20, 2024

Learn  
More



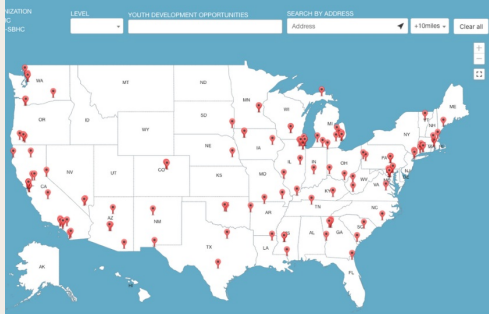
## 10th Annual Conference on Adolescent Health

May 4, 2024

Learn  
More

### Youth Development Mapping Tool

Mapping tool utilizes our latest Youth Development Survey data and Geographic Information System (GIS) technology to offer an interactive view of the connection between youth development and school-based health care. This tool is useful for everyone—youth and adults alike—to learn about youth-serving organizations and youth development-focused SBHCs across nationwide, connect with other groups by location or interest, foster community through knowledge and resource sharing. Use the features below to start searching! Don't see your SBHC or organization? Go to our [request forms page](#) and add your data.



### Mapping Tool

## Does your organization help to further youth development?

Would you like to submit your organization to the mapping tool?

Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

Submit Organization

# Mapping Tool Spotlight

If you want to learn about more organizations engaging in youth development work, check out the [Mapping Tool](#) on the Youth Health Hub. Add your organization for the chance to be next month's spotlight!



Beaver County  
System of Care

# Nicolina's Wishes Charitable Foundation

## Organization Information

*Nicolina's Wishes Charitable Foundation has joined the Youth Health Hub Mapping Tool. Here is some information about this organization.*

**Welcome, Nicolina's Wishes Charitable Foundation!**

Location: Aliquippa, PA

### Youth Development Opportunities Offered:

- Youth Advisory Council
- Youth representation on school health committee and/or health center advisory board
- Provide Feedback on services, programs, and experience
- Peer education, mentoring, counseling, or support groups
- Internships
- Health career pathway/student shadowing/ health center aide
- Advocacy

Learn  
More

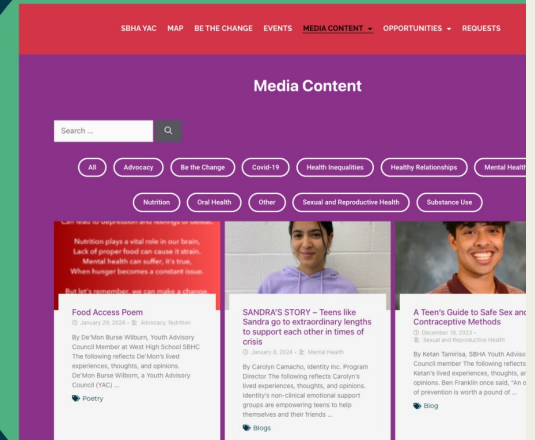
## Media Content

# Do you have something you want to share?

Do you or someone you know want to be highlighted on our website? Do you have any events coming up at

your school or school-based health centers? Are there any webinars or conferences concerning youth development? You are welcome to submit an article or blog post you believe should be in the spotlight of future digests or that concerns health and/or youth development topics, as well as events or nominations through the Youth Health Hub!

Submit Content



## Featured Post



Follow us @sbhayac

## Quote of the Month

"Worry never robs tomorrow of its sorrow, it only saps today of its joy."

Leo Buscaglia

Connect with us!





## Youth Health Hub

For Youth Leaders and Youth Advocates  
Everywhere



## Youth Advisory Council

Stay Up-To-Date On All Things YAC



School-Based Health Alliance Youth Development | 1010 Vermont Ave, NW Suite 816 | Washington, DC  
20005 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!