



**SCHOOL-BASED  
HEALTH ALLIANCE**

The National Voice for School-Based Health Care

# Youth Development Digest

## Happy Holidays from the School-Based Health Alliance!

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

*Adult allies: Share with your youth; Youth leaders: Share with your peers*

## Blog of the Month



### Teaching Students to Be Healthy

By Joey Kaji, School-Based Health Alliance Board Member and Youth Advisory Council Member

*The following reflects Joey's lived experiences, thoughts, and opinions.*

"Growing up, there is always an emphasis on maintaining our own health. In elementary school, it starts with our parents making sure we eat our fruits and vegetables. In middle school, it continued..."

[Read More](#)

## Resource Spotlight

# Suicide Prevention Toolkit for Youth & Caregivers

AIM  
Youth Mental Health

## Suicide Prevention Toolkit for Youth + Caregivers

Check out these tools and strategies for youth and adults to become suicide prevention advocates. This resource focuses on fostering understanding, building communication, and providing actionable steps for addressing mental health challenges. Together, we can create safer spaces and brighter futures for youth.

[Learn More](#)

## Youth Advisory Council Content Corner



This month, the Youth Advisory Council discussed cultural competency in health

care, emphasizing its importance in meeting diverse needs. Members shared personal experiences to illustrate gaps in cultural understanding and their impact on their care. They brainstormed strategies for school-based health centers to foster inclusivity, such as offering staff training, fostering relationships with families and the community they serve, and creating welcoming environments for students. The council highlighted the need for school-based health centers to prioritize equity and respect to better serve all students.

## Events & Opportunities



Community Organizing, Advocacy  
& Careers in Politics for Girls

Learn  
More



Unity Teen Advisory Council (TAC)  
Application

Learn  
More

## Mapping Tool Spotlight

If you want to learn about more organizations engaging in youth development work, check out the [Mapping Tool](#) on the Youth Health Hub. Add your organization for the chance to be next month's spotlight!

### Organization Information

*The Hamilton Health Center has joined the Youth Health Hub Mapping Tool. Here is some information about this organization.*

**Welcome, Hamilton Health Center!**

Location: Harrisburg, PA

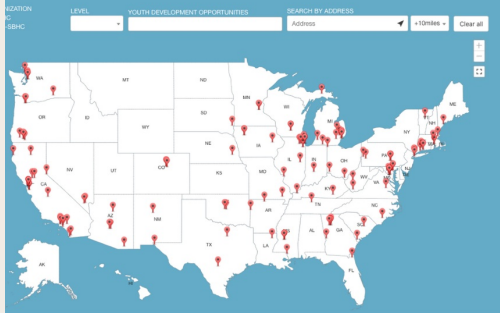
## Youth Development Opportunities Offered:

- Youth advisory council
- Provide feedback on services, programs, and experience
- Peer education, mentoring, or support groups
- Internships, health career pathway, or student shadowing
- Advocacy

Learn  
More

### Youth Development Mapping Tool

Mapping tool utilizes our latest Youth Development Survey data and Geographic Information System (GIS) technology to offer an interactive map of the connection between youth development and school-based health care. This tool is useful for everyone—youth and adults alike—to learn about youth-serving organizations and youth development-focused SBHCs across nationwide, connect with other groups by location or interest, and share community knowledge and resource sharing. Use the features below to start searching! Don't see your SBHC or organization? Go to our [request form page](#) and add your data.



## Does your organization help to further youth development?

Would you like to submit your organization to the mapping tool?

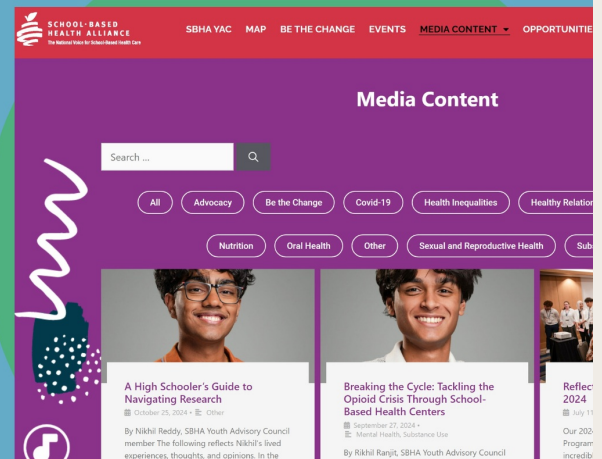
Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

Submit Organization

## Do you have something you want to share?

Do you or someone you know want to be highlighted on our website? Do you have any events coming up at your school or school-based health centers? Are there any webinars or conferences concerning youth development? You are welcome to submit an article or blog post you believe should be in the spotlight of future digests or that concerns health and/or youth development topics, as well as events or nominations, through the Youth Health Hub!

Submit Content



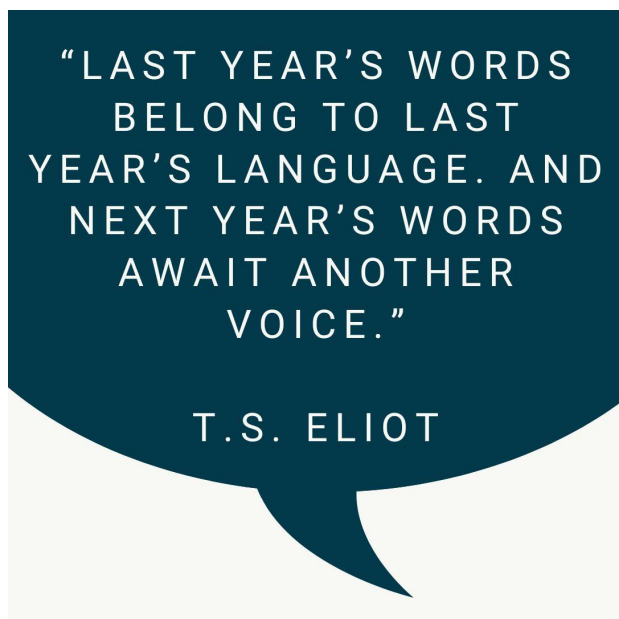
Featured Post

Quote of the Month





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For Youth Leaders and Youth Advocates  
Everywhere



### Youth Advisory Council

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