



SCHOOL-BASED HEALTH ALLIANCE

The National Voice for School-Based Health Care

Youth Development Digest

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

Adult allies: Share with your youth; Youth leaders: Share with your peers

Reminder: Submit SBHA YAC Applications Today!

The School-Based Health Alliance (SBHA) seeks new members to join our Youth Advisory Council (YAC) as part of ongoing efforts to amplify the youth voices in school-based health care. Youth who have current or prior access to a school-based health center (SBHC), are working to address health care issues affecting young people, and are passionate about school-based health care are encouraged to apply.

Application deadline: Feb. 29, 2024 (11:59 p.m. ET)

[Submit Now](#)

February Spotlight



'Be the Change' Youth Training Program Registration Now Open!

Each year, a group of rock star young people ages 14-18 connect with like-minded peers from around the country who are passionate leaders of change in their schools and communities.

The event will take place in Washington, D.C. June 30 - July 2. A limited number of scholarships are available to cover travel and hotel accommodations.

We can't wait to meet you all in person!

Learn
More

Blog of the Month

Balancing the Social Benefits and Mental Health Risks of Social Media Use

by Mia Hunter, SBHA Youth Advisory Council Member

*The following reflects Mia's lived experiences,
thoughts, and opinions.*

"When surveying teens' interaction with social media, my peer recorded that a majority of his surveyed group at my high school found the impact of stress imposed by social media to be paramount to the stress of their schoolwork. While my high school is not indicative of the entire United States or the entire world's teens, I am sure many teens can agree with the former sentiment..."

[Read More](#)



Youth Advisory Council Content Corner



Youth Advisory Council Update

This month, the Youth Advisory Council discussed public speaking, persuasion, and their intersection in the context of advocacy. In the first meeting, members learned to evaluate and employ various rhetorical strategies while becoming equipped with skills to hook the audience. In the following meeting, the council learned various techniques to promote an effective speech, including structuring a proper argument, conducting research, preparing a visual aid, resolving conflict, and embedding a call to action. The strategies learned across these two meetings will help the Youth Advisory Council in future public speaking opportunities.

Opportunity Highlight

FentAlert Challenge

Mar. 25, 2024

All submissions are due by Mar. 25 at 6:00 PM EST. Please email challenge@samhsa.hhs.gov with any questions.

[Submit](#)

Challenge Information

In this Challenge, we are seeking the best ideas from U.S. youth, aged 14-18, on a community strategy to **increase youth awareness, education, and prevention around the dangers of fentanyl**, especially the hidden dangers of fake pills and other contaminants that can lead to drug overdose deaths.

SUBMIT YOUR VIDEO IDEAS VIA CHALLENGE.GOV

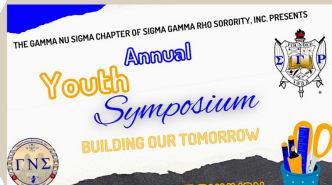
- Cash prizes of up to \$5,000!
- Youth ages 14-18 eligible to participate
- Submissions due by March 25, 2024 at 6:00 PM EST

SAMHSA
Substance Abuse and Mental Health Services Administration



FentAlert: EMPOWERING YOUTH TO SAFEGUARD AGAINST FENTANYL

Events & Opportunities



Annual Youth Symposium

Mar. 9, 2024

[Learn More](#)



Community Board 14's Annual Youth Conference

Mar. 6, 2024

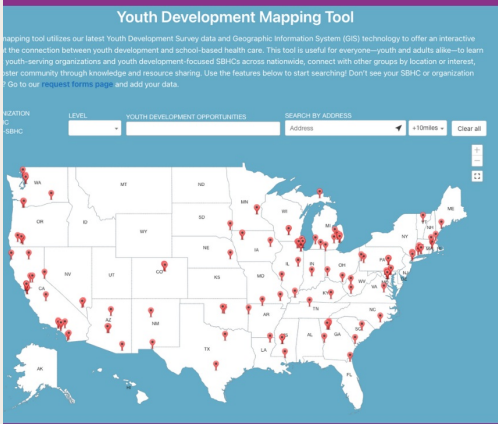
[Learn More](#)



Elevate H.E.R.

Mar. 16, 2024

[Learn More](#)



Mapping Tool

Does your organization help to further youth development?

Would you like to submit your organization to the mapping tool?

Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

[Submit Organization](#)

Mapping Tool Spotlight

If you want to learn about more organizations engaging in youth development work, check out the [Mapping Tool](#) on the Youth Health Hub. Add your organization for the chance to be next month's spotlight!



Tanager

Organization Information

Tanager has joined the Youth Health Hub Mapping Tool. Here is some information about this organization.

Welcome, Tanager!

Location: Cedar Rapids, IA

Youth Development Opportunities Offered:

- Provide feedback on services, programs, and experience
- Advocacy

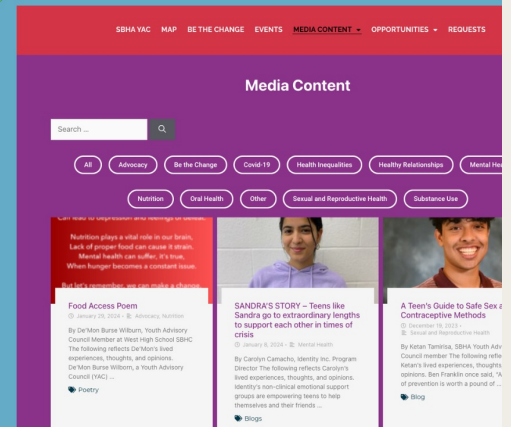
Learn
More

Media Content

Do you have something you want to share?

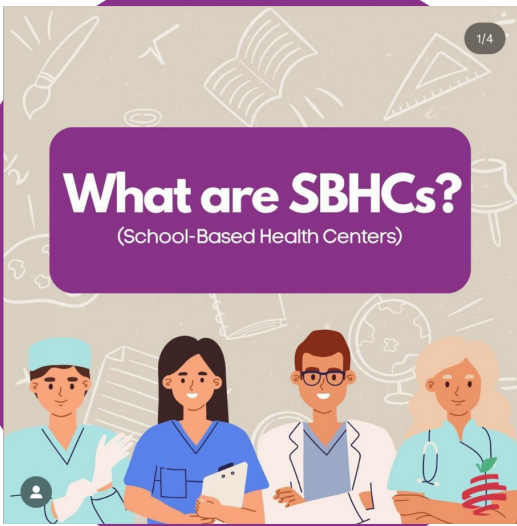
Do you or someone you know want to be highlighted on our website? Do you have any events coming up at your school or school-based health centers? Are there any webinars or conferences concerning youth development? You are welcome to submit an article or blog post you believe should be in the spotlight of future digests or that concerns health and/or youth development topics, as well as events or nominations through the Youth Health Hub!

Submit Content



Featured Post

Quote of the Month



"Every moment
is a fresh
beginning."

T.S. Eliot

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Youth Health Hub

For Youth Leaders and Youth Advocates
Everywhere



Youth Advisory Council

Stay Up-To-Date On All Things YAC



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