



**SCHOOL-BASED  
HEALTH ALLIANCE**

The National Voice for School-Based Health Care

# Youth Development Digest

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

*Adult allies: Share with your youth; Youth leaders: Share with your peers*

## 2024 'Be The Change' Youth Training Program

'BE THE CHANGE' YOUTH TRAINING PROGRAM

### WEEK IN REVIEW



8

Youth Led Sessions



16

States Represented

14

Youth Presenters





2024 'Be the Change' Program Graduates

Thank you to those who made our 2024 'Be the Change' Youth Training Program a huge success! We had 37 incredible youth attendees from 17 states, eight youth co-led presentations, and 14 total youth presenters. Students attended workshops on various topics, including the importance of social media in marketing school-based health services, innovations in school-based food insecurity programming, fighting mental health stigma, and best practices for effective youth-adult partnerships. Most importantly, youth experienced the power of connecting with and learning from their passionate peers nationwide.

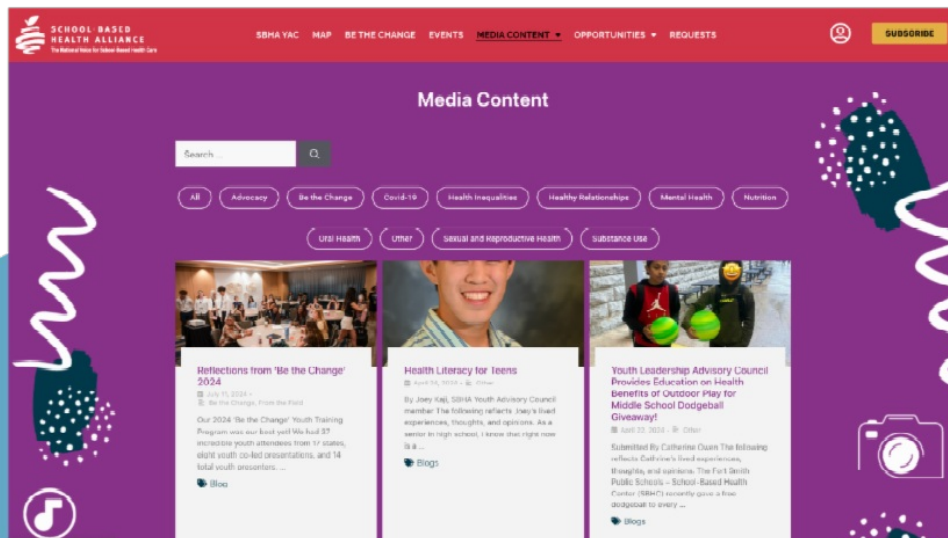
Read the  
Blog

# Add to the Youth Health Hub

## Share Your 'Be the Change' Story

If you attended our 2024 'Be the Change' Youth Training Program, we would love to hear your story! Use the button below to submit a reflection sharing ideas you are excited to bring back to your school-based health center, your favorite memory, and any pictures. Thank you for joining us for this amazing event, we can't wait to see you next year!

Submit

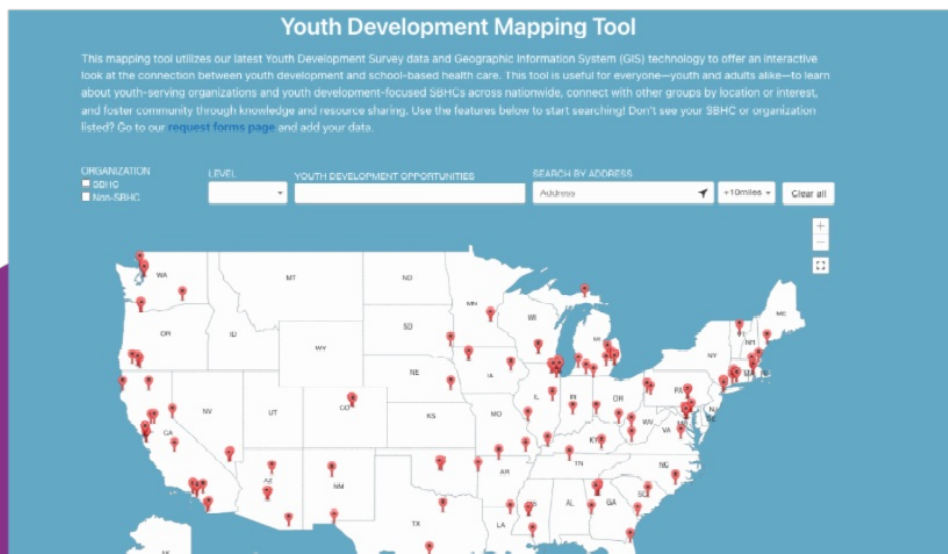


## Does your organization help to further youth development?

Would you like to submit your organization to the mapping tool? Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

Submit Organization





## YAC Content Corner



Our Youth Advisory Council met and oriented three new members during the 2024 'Be the Change' Training Program. Welcome Muntaha Rahman, Nikhil Reddy, and Rikhil Ranjit! Joey Kaji and Justin Wang, two returning council members, had the opportunity to open the 2024 School-Based Health Alliance Conference in a plenary speech. They shared their experiences in youth leadership and emphasized the importance of incorporating youth voices in school-based health work. Joey and Justin will also continue to serve on the School-Based Health Alliance Board, with Joey voting and Justin as an ex-officio member.

**Featured Post**

**Quote of the Month**



"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

Melody Beattie

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Youth Health Hub

For Youth Leaders and Youth Advocates Everywhere



Youth Advisory Council

Stay Up-To-Date On All Things YAC



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