

PATCH for Teens: Peer-to-Peer

Getting the Health Care You Need and Deserve



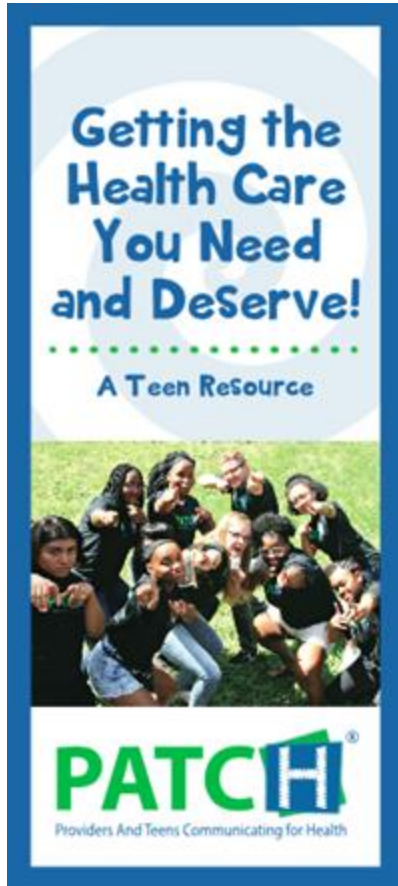
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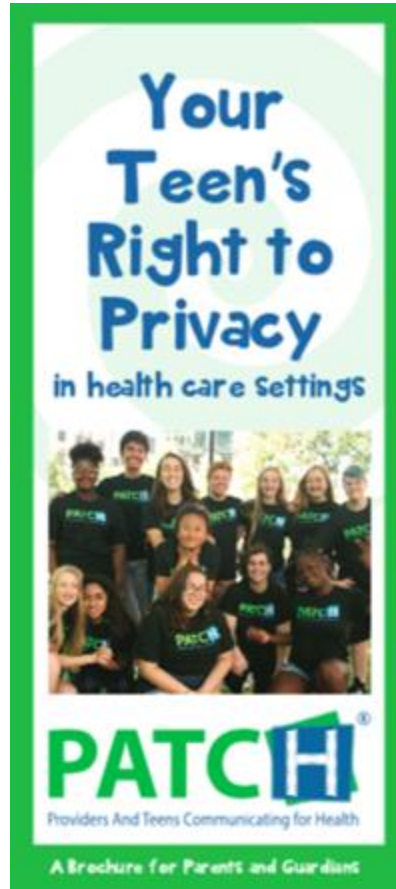
@thepatchprogram



Workshop Materials



**Brochure for
Teens**



**Brochure for
Parents/Guardians**



**Emoji
Booklet**

**Use this QR code to
get resources
electronically.**



Password: PATCHforTeens



Teen Educators



Name, Age
Fun Fact?



Name, Age
Fun Fact?



Name, Age
Fun Fact?



Providers And Teens Communicating for Health

RELATIONSHIP

**We as teens, need and
deserve a good
RELATIONSHIP with our
health care providers.**

Type a word or put an emoji in the chat that best represents your thoughts and feelings about the next 3 questions.



**How do you feel about your
health care provider?**



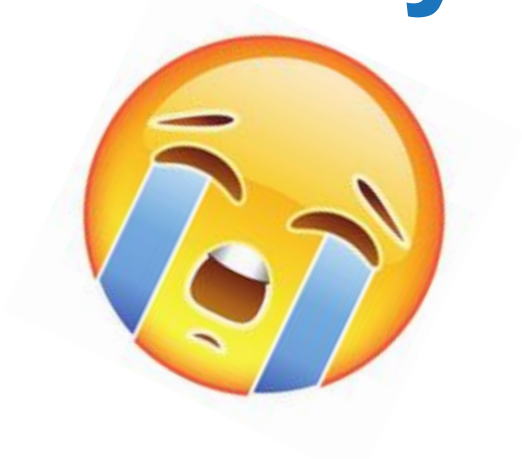


**How comfortable are you
talking with your provider?**





**How do you feel when they
ask you personal questions
like if you do drugs, are
sexually active, or feel safe at
home**





Providers And Teens Communicating for Health

Group Discussion (Share your answers out loud or put them in the chat)

DAILY LIFE, HOBBIES, & ACTIVITIES: Why do providers care about your classes, jobs, sports, family life, and other day to day things?

NUTRITION, PHYSICAL ACTIVITY, & SLEEP: Why would a provider need to know about the food you eat, your physical activity, or sleeping habits?

MEDICATION, ALCOHOL, & DRUG USE: Why do providers care about your medication, alcohol, or drug use?

SEXUALITY & RELATIONSHIPS: Why is it important for providers to know about your relationships and sexual activity?

SAFETY: Why do providers keep asking if you use a seat belt, wear a helmet, have access to guns, or put on sunscreen?

**The more a provider knows
about you, the better they'll be
able to care for you.**

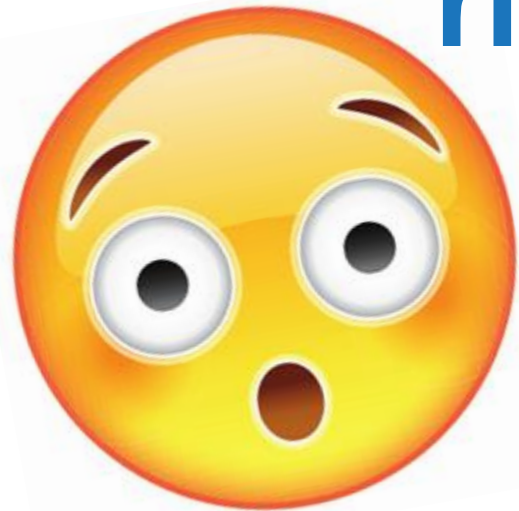
RIGHTS

**We as teens, have legal
health care RIGHTS.**

Type a word in the chat that represents your first thoughts and feelings about each of the 7 statements. There are no right or wrong responses.



#1. We, as teens, have the right to confidentiality.





#2. If a support person, such as a parent, partner, or friend comes to an appointment with you, they should be asked to leave for part of the visit.





#3. As teens, we have the right to receive some health services without anyone else knowing about it.





**#4. We should talk with our
parents or guardians about our
health and health care decisions.**





**#5. As teens, we have the
right to choose our provider.**



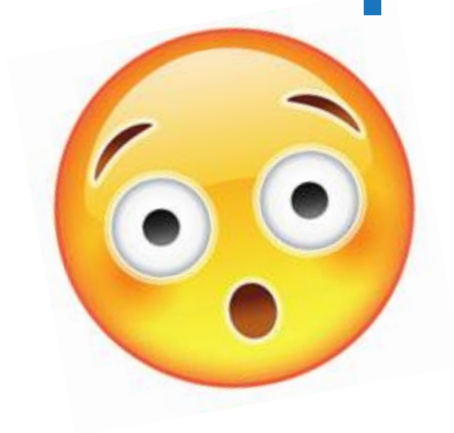


**#6. There are times when you
DO NOT have the right to
confidentiality.**





#7. It's your right and responsibility to ask your provider about their privacy policies.





Providers And Teens Communicating for Health

RESPONSIBILITY

**We have a RESPONSIBILITY
to be involved in our own
health care.**

#1. DO learn about your insurance coverage

**#2. DO ask for one-on-one
time with the provider.**

#3. DO bring a written list of questions to your appointment.

**#4. DO tell your provider
everything about yourself
including your activities,
hobbies, & feelings.**

**#5. DO remember, your
provider may make mistakes.
Correct them politely.**

#6. DO be honest.

#7. DO ask for help when you need it.

#8. DO be your own advocate.

#9. DO write down what the provider says.

**#10. DO ask for more
information when you don't
understand.**



Providers And Teens Communicating for Health

For each of the 12 situations, we want you to decide if you think the situation is this,
**good, bad, or
somewhere in between.**
Enter your responses in the chat.

**Is this, good, bad, or
somewhere in between?!**

Situation 1.

**You look up symptoms
on the Internet.**

**Is this, good, bad, or
somewhere in between?!**

Situation 2.

**You ask your parent or
guardian to make an
appointment for you.**

**Is this, good, bad, or
somewhere in between?!**

Situation 3.

**You ask your provider
questions when you don't
understand.**

**Is this, good, bad, or
somewhere in between?!**

Situation 4.

**A support person (like a
family member) responds to
questions for you.**

**Is this, good, bad, or
somewhere in between?!**

Situation 5.

**You bring a list of questions
to your appointment.**

**Is this, good, bad, or
somewhere in between?!**

Situation 6.

**The provider lectures you
about risky behavior.**

**Is this, good, bad, or
somewhere in between?!**

Situation 7.

**A support person (like a
family member, partner, or
friend) is in the room for your
whole visit.**

**Is this, good, bad, or
somewhere in between?!**

Situation 8.

**The provider will not give you
any health care services
without parent or guardian
consent.**

**Is this, good, bad, or
somewhere in between?!**

Situation 9.

**The provider asks for your
contact information.**

**Is this, good, bad, or
somewhere in between?!**

Situation 10.

**During one-on-one time, the
provider asks what you want
to talk about with your
support person.**

**Is this, good, bad, or
somewhere in between?!**

Situation 11.

**You know how your health
care will be paid for.**

**Is this, good, bad, or
somewhere in between?!**

Situation 12.

**You and your provider set
health goals and next steps
together.**

**If something is preventing you
from getting the care you
need, you have the right and
responsibility to address it.**

PATCH Peer-to-Peer Workshop Evaluation:

<https://tinyurl.com/PATCHEval>

Thanks for joining us today!

**Don't forget to complete our
evaluation!**

Keep In Touch!
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