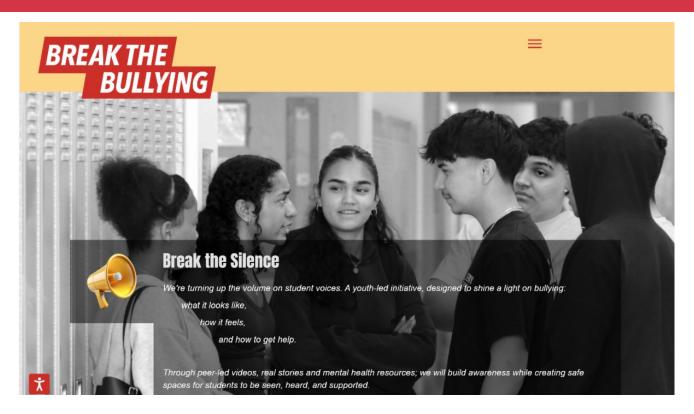


## Youth Development Digest

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

Adult allies: Share with your youth; Youth leaders: Share with your peers

### Resource Spotlight



"Break the Bullying" is an amazing new youth-led initiative hosted by Norwalk Community Health Center in Connecticut. It aims to raise awareness about bullying, what it looks like, how it feels, and how young people can find support. The website amplifies youth voices through storytelling and media, such as student-directed videos and real stories, fostering safe spaces for dialogue and awareness.

Check out the website by clicking the link below!

## Youth Advisory Council Content Corner



Our Youth Advisory Council dove into Youth Participatory Action Research (YPAR) this month. They explored how young people can use research to better understand their communities, identify challenges, and design solutions that matter to them. Through interactive activities and discussions, members practiced asking powerful questions, brainstorming ideas, and building skills to lead with their voices at the center.

### **Events & Opportunities**





Register for the 2025 State of the Movement (SOTM)

Volunteer for the NAMI Youth and Young Adult HelpLine





## **Mapping Tool Spotlight**

If you want to learn about more organizations engaging in youth development work, check out the <u>Mapping Tool</u> on the Youth Health Hub. Add your organization for the chance to be next month's spotlight!



### **Organization Information**

The Topsail High School Youth Advisory Council has joined the Youth Health Hub Mapping Tool. Here is some information about this organization.

Welcome, Topsail High School YAC!

Location: Burgaw, NC

#### Youth Development Opportunities Offered:

- Youth Advisory Council
- Youth representation on school health committee and/or health center advisory board
- Peer education, mentoring, counseling, or support groups

Learn More



# Does your organization help to further youth development?

Would you like to submit your organization to the mapping tool?

Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

**Submit Organization** 

## Do you have something you want to share?

Do you or someone you know want to be highlighted on our website? Do you have any events coming up at your school or schoolbased health centers? Are there any webinars or conferences concerning youth development?

Submit an article or blog post you believe should be in the spotlight of future digests related to health and/or youth development topics, as well as events or nominations, through the Youth Health Hub!



**Submit Content** 

### **Featured Post**



Follow us on social media: @sbhayac

### **Quote of the Month**

"Today is your opportunity to build the tomorrow you want."

**Ken Poirot** 

### Connect with us!



Youth Health Hub

For Youth Leaders and Youth Advocates Everywhere



**Youth Advisory Council** 

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