

Youth Development Digest

The Youth Development Digest (YDD) was designed with young readers in mind. From promoting upcoming events to showcasing powerful youth in our country, YDD is a resource that highlights current topics, issues, and opportunities for young people today.

Adult allies: Share with your youth; Youth leaders: Share with your peers

Announcement



The **Love Letter to Philanthropy** was written collaboratively by organizations in the [Health Equity Community Collaborative's \(HECC\) Children's Health Working Group](#). It comes from a shared truth: children and youth are in crisis, and we cannot solve this alone.

Our **goal** is bold and urgent: to bring together partners who will stand with us to protect children's health, transform broken systems, and create lasting change for families.

When you **sign onto this letter**, your organization is not just adding its name, but you are joining a collective voice that:

- Advocates work together to ensure children's behavioral health is prioritized in philanthropic and policy decisions.
- Protects investments already made in children's health, so we don't lose the progress to shifting politics.

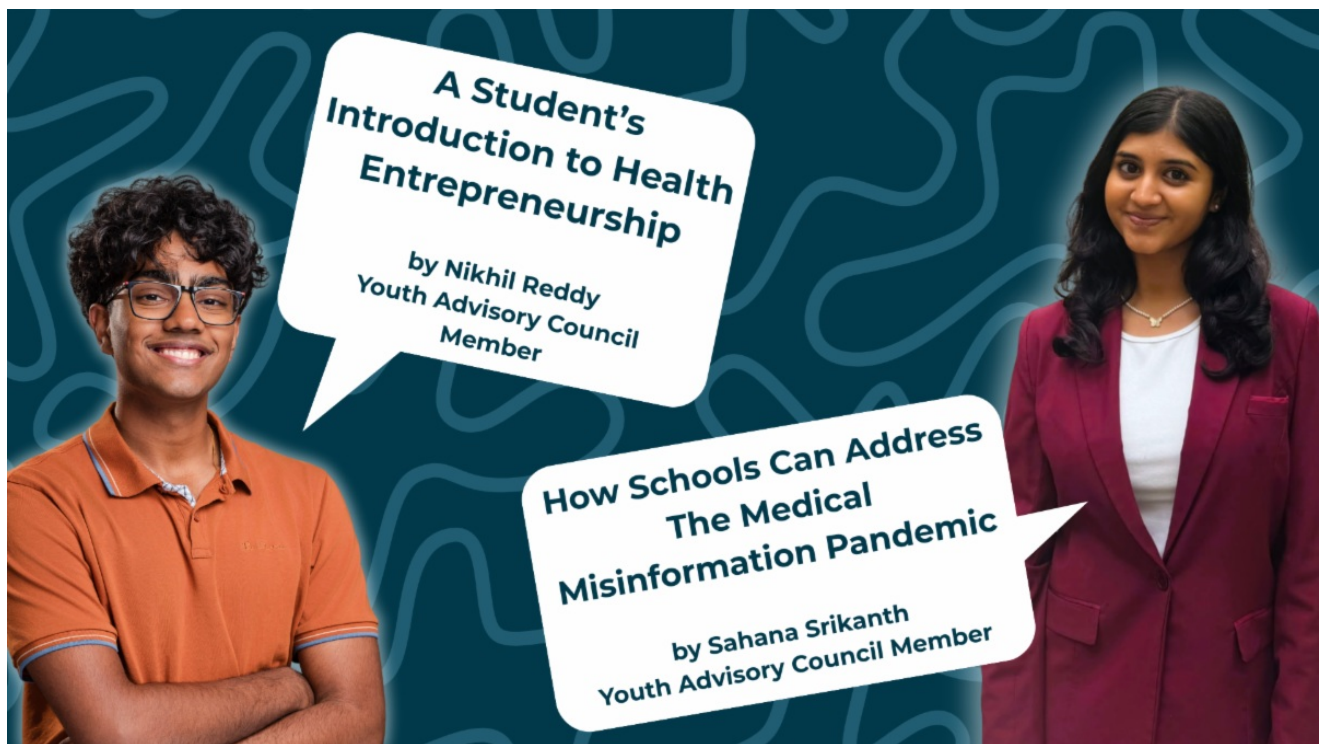
- Builds a movement where collaboration, not competition, drives better care for millions of young people.

Please read the letter and then add your organization's name below.

This is more than a letter; it is an invitation to co-create a future where every child has the support they need to thrive. We cannot do this without you.

[Read the Letter](#)

Blogs of the Month



Read Nikhil and Sahana's blogs by clicking the link below!

These blogs reflect Sahana and Nikhil's lived experiences, thoughts, and opinions.

[Learn More](#)

Resource Spotlight

Own the Awk



Own the Awk is a site, brought to you by the National Coalition for Sexual Health, designed to help youth have honest, confident conversations about relationships and sexual wellness. It offers educational content, video episodes (“The AwkLine”), and interactive tools to turn awkward topics into meaningful dialogue. This resource platform normalizes and supports discussing issues that often feel awkward, helping youth strengthen trust and communication in relationships.

Check out the website by clicking the link below!

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In Case You Missed It...

Last year, our team designed a three-part e-learning series to equip health center staff with **innovative strategies in service delivery, quality, and community engagement**. The content focuses on increasing health center staff’s knowledge and skills related to culturally respectful care and adolescent-friendly health center environments. Throughout this series, youth, from the School-Based Health Alliance **Youth Advisory Council** and beyond, shared their ideas and best practices for adults looking to improve their care delivery model and increase collaboration with youth in their community.

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Youth Advisory Council

Content Corner



This month, our Youth Advisory Council explored the world of health insurance and how adults can support young people's transition to adult healthcare. Together, they learned the importance of youth-friendly insurance literacy in building confidence in understanding coverage, navigating enrollment, and advocating for themselves in care. Members also discussed how school-based health centers (SBHCs) can play a critical role in helping young people access care and bridge the gap between pediatric and adult health systems.

Events & Opportunities



2026 National Summit on Youth Homelessness + Hill Day



Volunteer for the NAMI Youth and Young Adult HelpLine

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Mapping Tool Spotlight

If you want to learn about more organizations engaging in youth development work, check out the [Mapping Tool](#) on the Youth Health Hub. Add your organization for the chance to be next month's spotlight!



Organization Information

Rush Community Health Equity and Engagement (CHEE) has joined the Youth Health Hub Mapping Tool. Here is some information about this organization.

Welcome, Rush Community Health Equity and Engagement (CHEE)!

Location: Chicago, IL

Youth Development Opportunities Offered:

- Youth Advisory Council
- Youth representation on school health committee and/or health center advisory board
- Provide feedback on services, programs, and experience
- Internships, health career pathway, or student shadowing

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**Does your organization
help to further youth
development?**

Would you like to submit your organization to the mapping tool?

Check out the updated mapping tool on the Youth Health Hub! You can view organizations nationwide and see how they help youth development and the School-Based Health Alliance.

Submit Organization

Do you have something you want to share?

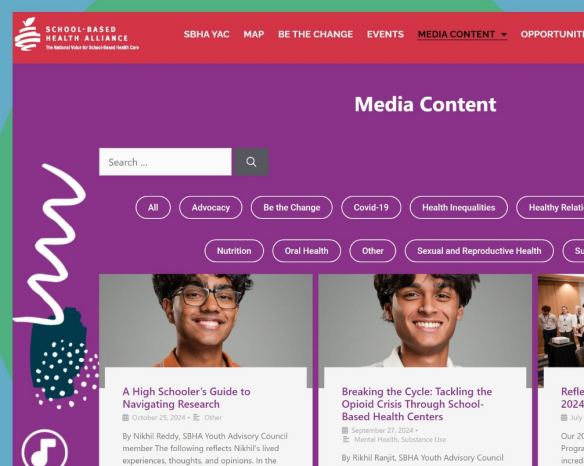
Do you or someone you know want to be highlighted on our website? Do you have any events coming up at your school or school-based health centers? Are there any webinars or conferences concerning youth development?

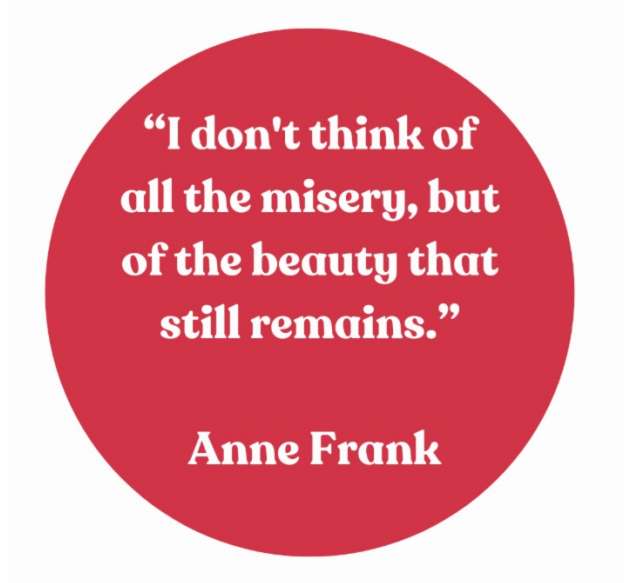
Submit an article or blog post you believe should be in the spotlight of future digests related to health and/or youth development topics, as well as events or nominations, through the Youth Health Hub!

Submit Content

Featured Post

Quote of the Month





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Youth Health Hub

For Youth Leaders and Youth Advocates
Everywhere



Youth Advisory Council

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