

My Drug Story, What's Yours? - The Sequel!

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Stanford
MEDICINE

REACH Lab



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Overview

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Community Agreements/Warmups!

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Small Group/Large Group

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Final Share Out & Resources

Our First Meeting: January 2020



We are peer health educators, advocates, and assist with research!

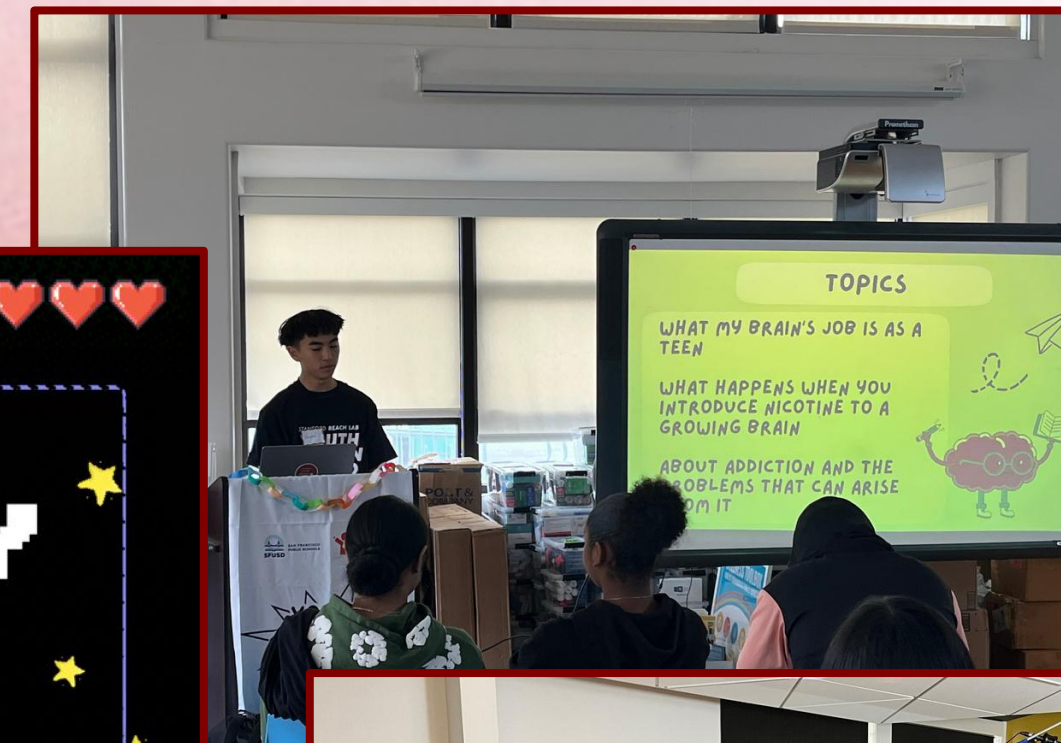
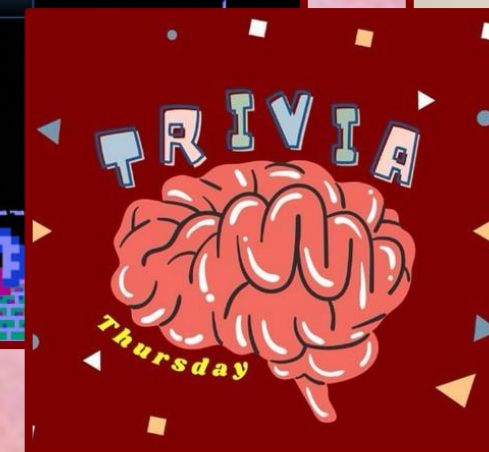
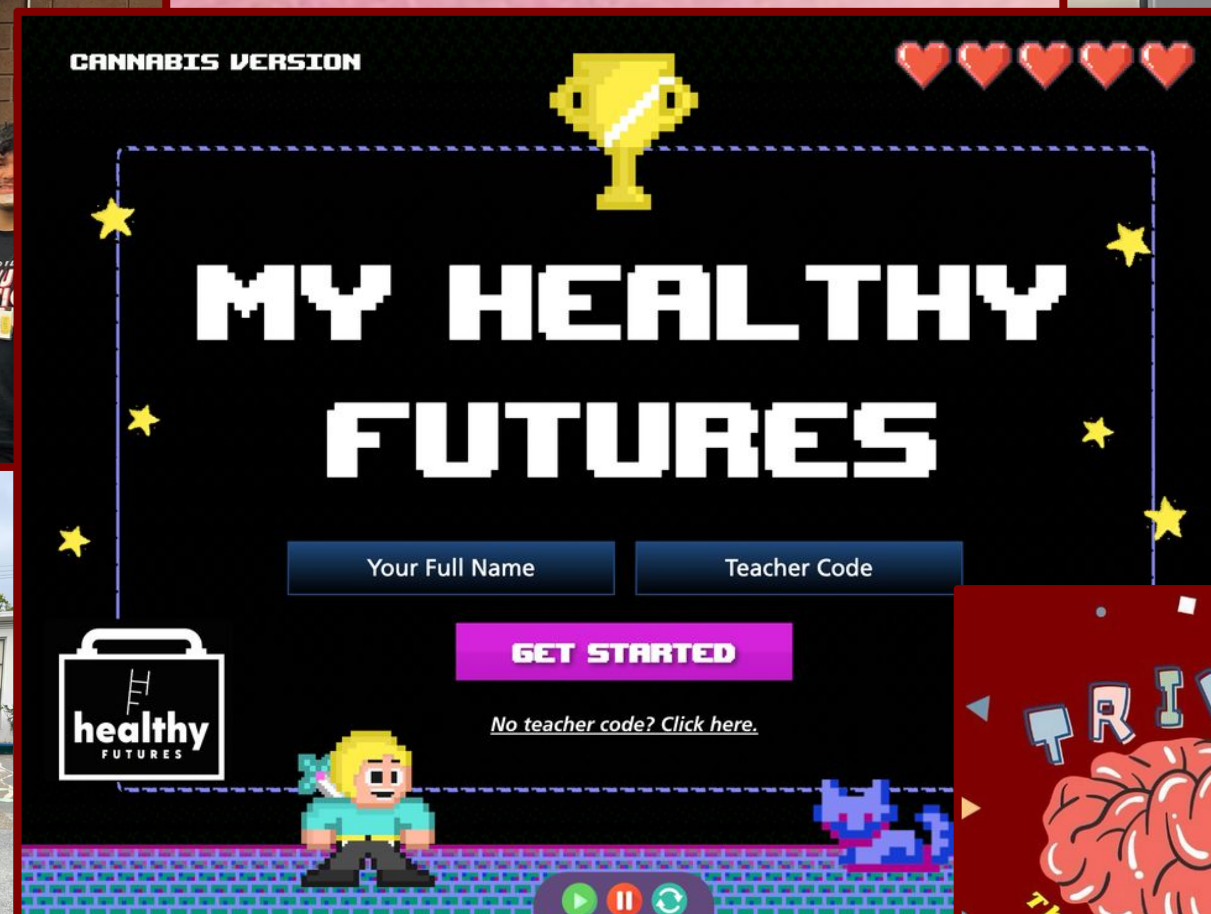
YAB is made up of high school and college students nationwide.

Our lab is involved in school-based tobacco and cannabis prevention and intervention research, education, and policy.

Stanford Youth Action Board



What We Do



Community Agreements

Community Agreements:

- 1) One Mic
- 2) Respect
- 3) Step Up, Step Back
- 4) Don't Yuck My Yum
- 5) What Happens in Vegas, Stays in Vegas
- 6) Have Fun!

Warm Ups!

Roll Call!

If you're a freshman, stomp your feet!

If you're a sophomore, clap your hands!

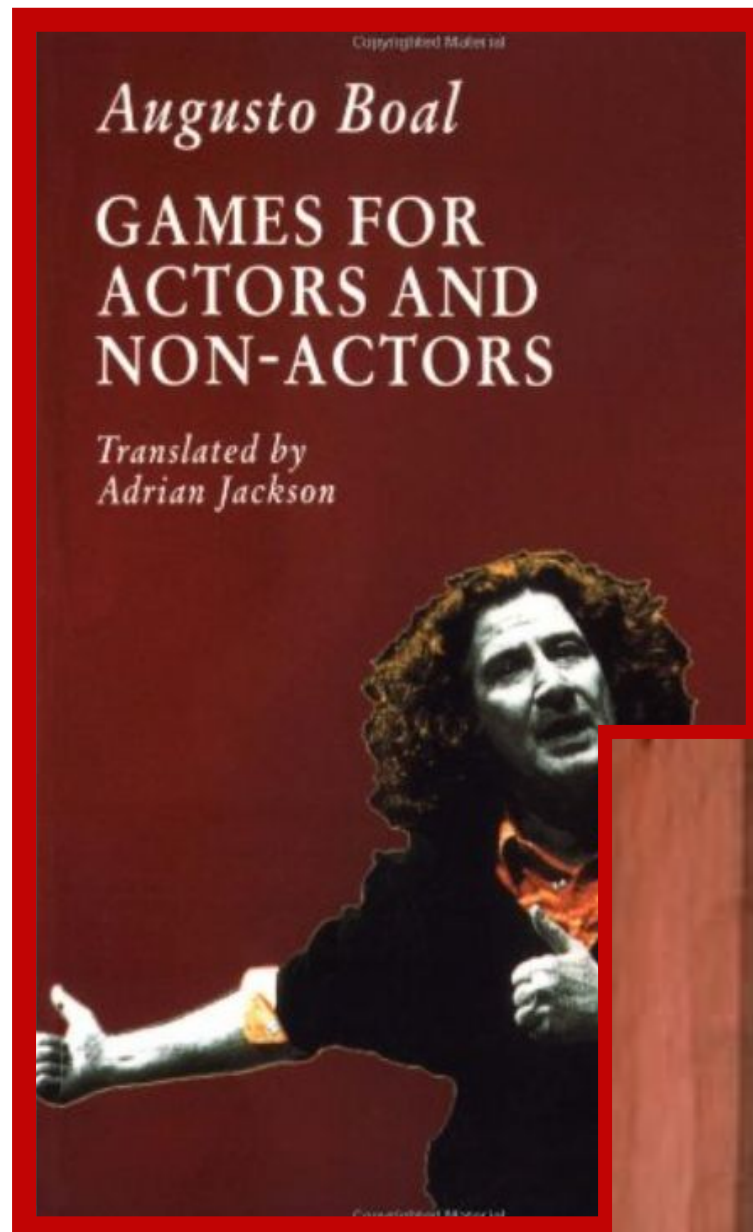
If you're a junior, wave your hands in the air like you don't care!

If you're a senior, make some noise!

if you're not in high school, snap your fingers!

5-Count Shakeout!

What is a Forum Theatre?



Theatre of the Oppressed

- Initially founded in Brazil by Augusto Boal
- First introduced in the 1960's and the idea was moved to Europe for further expansion

Forum Theatre

- Creates a dialogue between audience and one more facilitators (spect actors and jokers)
- A skit is performed to the audience by the actors
- The skit ends → the jokers process what happened → discuss the outcome → and ask the audience how they would change the outcome (from a negative one to a more positive one)

Forum Theatre Rules

Brainstorming Solutions

Audience members/spect-actors come up with solutions

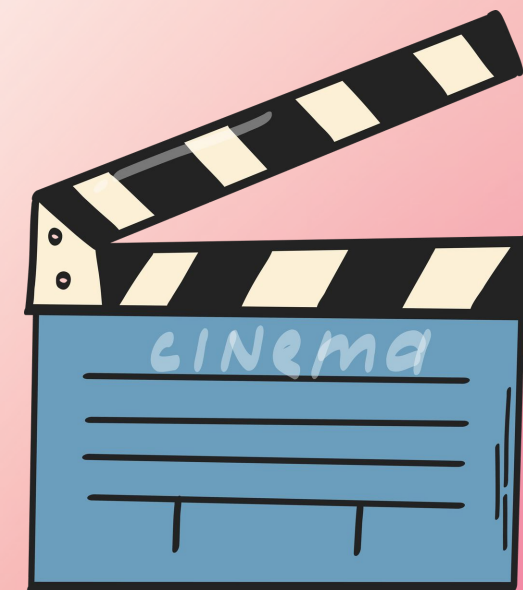
The Jokers

Jokers invite them (the spect-actors) to provide some concrete ideas that the actors will then demonstrate



Considering Violence

A major rule that is carried out in Forum Theatre is that there is **no** violence as violence is **never** a solution



Skit Time!

Past, Present, & Future: Analysis

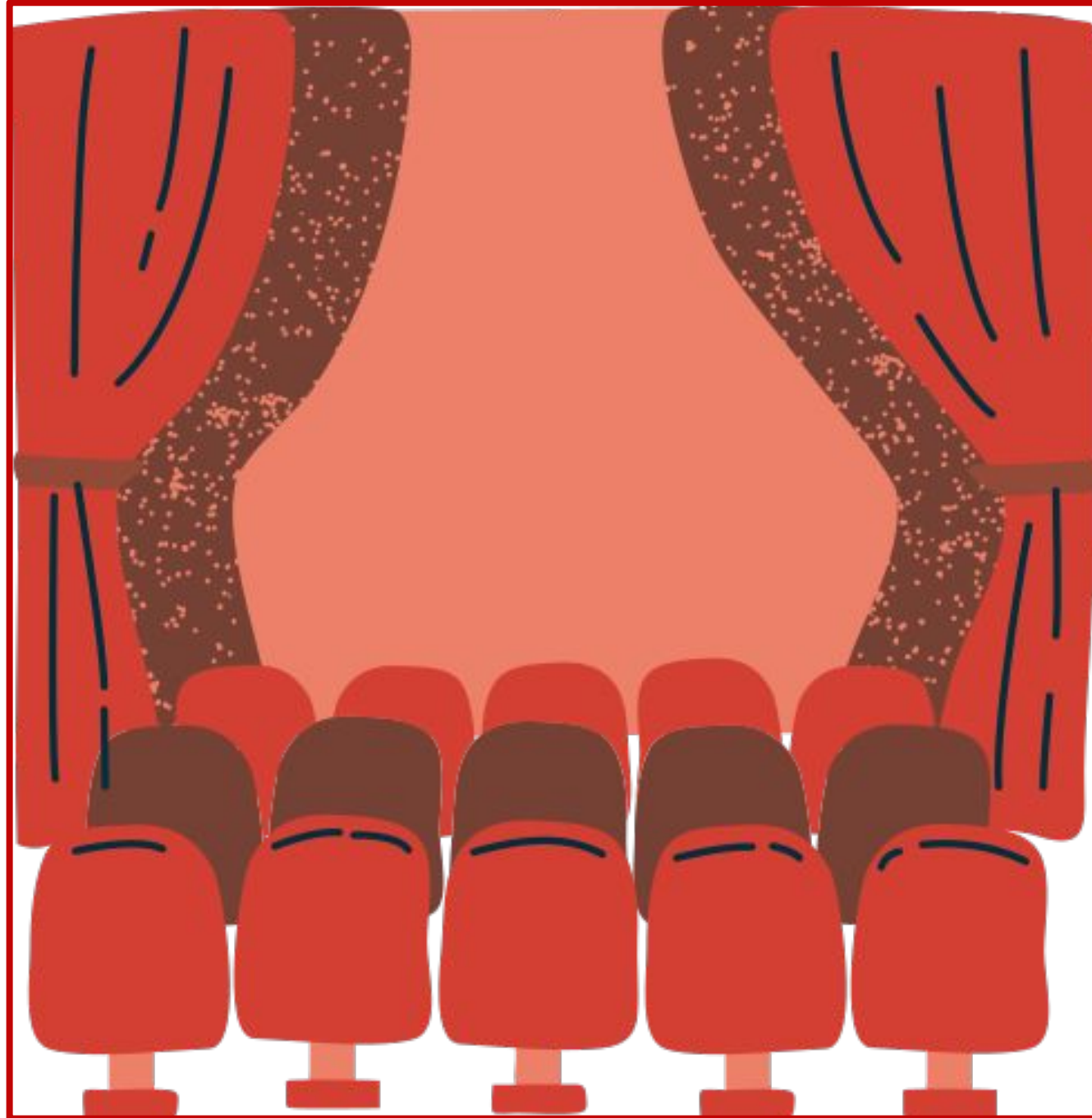
Activity

PAST: What led our character into this situation?

PRESENT: How did our character react to the situation in the moment or later that day?

FUTURE: How did this situation affect our character's future?

Group Skits



Analysis

- How do you think this style of interactive theatre could influence conversations about substance use in the community?
- What do you think about using Forum Theatre in your community?

Share & Discuss Activity: Your Personal Drug Story

Reach Lab's Advocacy Project

REACH LAB'S ADVOCACY PROJECT



Capture the Impact!

- advertisements/marketing - stores, social media, etc targeting minors
- tobacco (vapes and smokeless tobacco) and cannabis trash found anywhere!



- Take pictures
- Date/Location (incl city/state; social media)
- <https://med.stanford.edu/halpern-felsher-reach-lab/reach-lab-image-depository.html>



Stay in Touch!

Halpern-Felsher REACH Lab

Marketing and Promotion

Copyright and Usage
Policies

Our Team



Research



Annual Cannabis (and
other drugs) Conference

Prevention and
Intervention Curriculum



FREE Curriculum
Trainings

Resources and
Infographics



Educational Videos

In the News

Podcasts



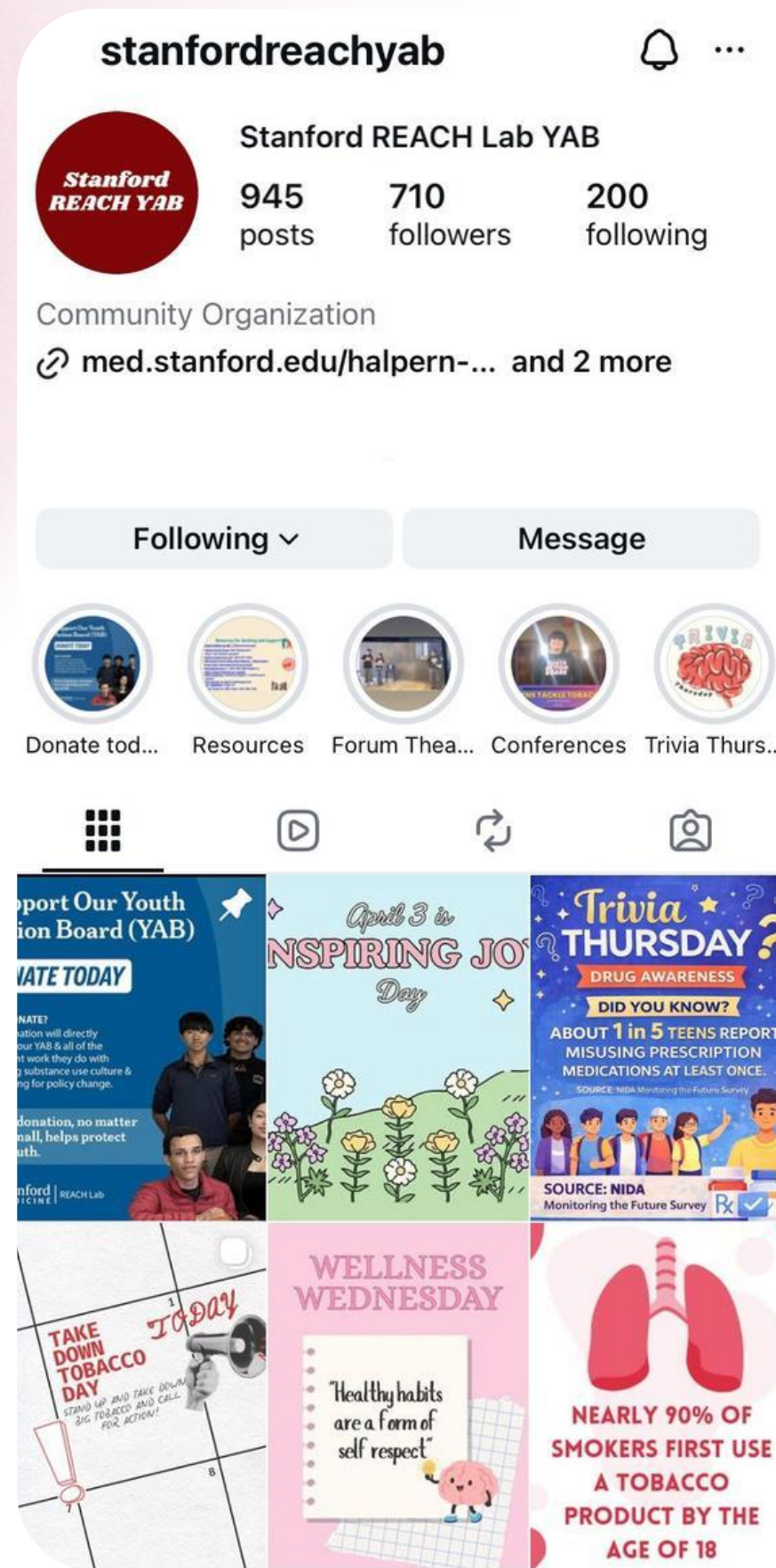
📅 Please Save-the-Date for our YAB Forum Theatre on April 18, 2026 📅

Reserve a spot! ➔

Meet the Stanford REACH Lab Youth Action Board!

Stanford REACH YAB 2025-2026





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Thank You



